



# CIAO! REACHES WINNIPEGGERS AT HOME & WHERE THEY BUY LOCAL

Home delivery in high income areas by Canstar & Canada Post (to Winnipeg Free Press subscribers & non-subscribers)

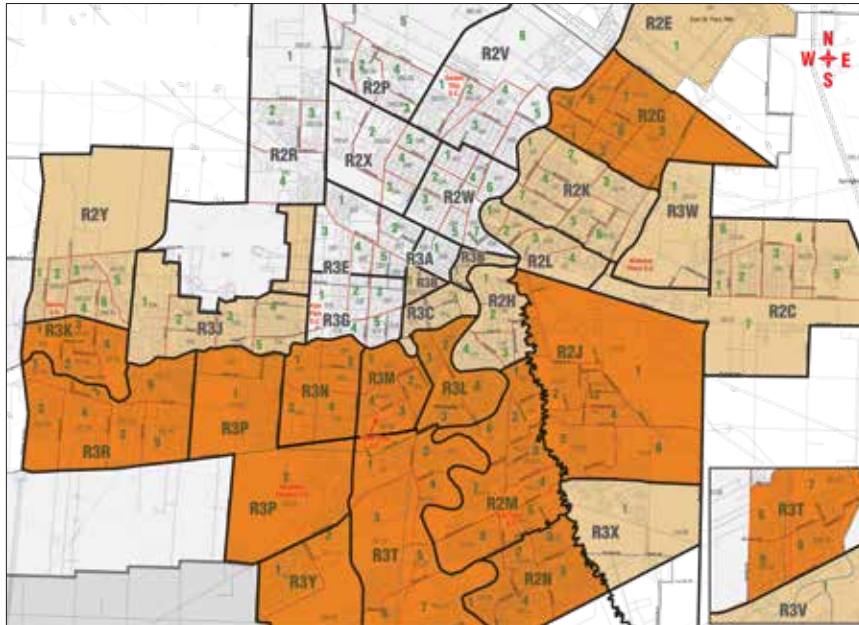
### Regular Issues (Bi-monthly)

45,000 copies



### Special Holiday Issues

80,000 copies



### PRIVATE WINE & SPECIALTY FOOD STORE DISTRIBUTION LOCATIONS



Ciao! promotes Winnipeg's best places with distribution at these local specialty food and wine stores across the city to encourage readers to be vocal and buy local.

#### CITY CENTRE

- BEST OF FRIENDS GIFT SHOP**  
251 Donald St
- MORDEN'S OF WINNIPEG**  
674 Sargent Ave
- PORTAGE PLACE**  
393 Portage Ave
- THE CANISTER**  
121 Osborne St
- TALL GRASS PRAIRIE**  
202-1 Forks Market Rd
- VITA HEALTH OSBORNE**  
1 - 166 Osborne Ave

#### POLO PARK/WEST

- CORNELIA BEAN**  
417 Academy Rd
- D.A NIELS**  
485 Berry St
- DECADENCE CHOCOLATES**  
70 Sherbrook St
- DE LUCA FINE WINES**  
942 Portage Ave
- DE LUCA SPECIALTY FOOD**  
950 Portage Ave
- FRESCOLIO**  
2-929 Corydon Ave
- FUSION GRILL**  
550 Academy Rd
- HIGH TEA BAKERY**  
2103 Portage Ave
- KENASTON WINE MARKET**  
1855-A Grant Ave
- LA BELLE BAGUETTE**  
1850 Ness Ave
- MILLER'S MEAT**  
1867 Grant Ave

#### ROBLIN QUALITY MEATS

- 5606 Roblin Blvd
- TALL GRASS PRAIRIE**  
859 Westminister Ave
- VITA HEALTH WESTWOOD**  
3500 Portage Ave
- VITA HEALTH TUXEDO**  
180 - 2025 Corydon Ave

#### NORTH KILDONAN

- MILLER'S MEAT**  
7-925 Headmaster Row

#### NORTH MAIN

- GIMLI FISH MARKET**  
596 Dufferin Ave
- GUNN'S BAKERY**  
247 Selkirk Ave
- SUGAR BLOOMS & CAKES**  
1020 McPhillips St
- TENDERLOIN MEATS**  
1515 Main St
- VITA HEALTH GARDEN CITY**  
20 - 2188 McPhillips St
- YOUNG'S MARKET**  
1000 McPhillips

#### SOUTH

- BANVILLE & JONES**  
1616 St. Mary's Rd
- BERNSTEIN'S MEATS & DELI**  
1-1700 Corydon Ave
- CALABRIA MARKET & WINE**  
139 Scurfield Blvd
- DE LUCA'S TRATTORIA**  
66 South Landing Dr

#### FRESCOLIO

- 1604 St Mary's Rd
- GIMLI FISH MARKET**  
625 Pembina Hwy;
- 1083 St. Mary's Rd
- MARCELLO'S MEAT**  
9-200 Meadowood Dr
- MILLER'S MEAT**  
590 St. Mary's Rd;
- 2-2425 Pembina Hwy
- PIAZZA DE NARDI**  
1360 Taylor Ave
- SCOOP N' WEIGH**  
1770 Taylor Ave
- GREEK MARKET**  
1440 Corydon Ave
- THE WINE HOUSE**  
110-1600 Kenaston Blvd
- VITA HEALTH ST. VITAL**  
19 - 845 Dakota St

#### EAST

- THE CARVER'S KNIFE**  
29-1350 Regent Ave
- CONSTANCE POPP**  
180 Provencher Blvd
- FROMAGERIE BOTHWELL**  
136 Provencher Blvd
- LA BELLE BAGUETTE**  
248 Cathedrale Ave
- LE CROISSANT**  
258 Tache Ave
- VITA HEALTH REENDERS**  
710-1615 Regent Ave W